

## MEAL DISTRIBUTION DURING THE HOLIDAY BREAK

On Tuesday December 29<sup>th</sup>, the Palisades School District will be providing free meals to all families. All families may drive to the distribution site, the Palisades High School. Between 10:00 AM – 12:30 PM.

Pick up pre-bagged ready to heat and serve meals for 6 days for each child in the household.

All children 18 years old or less are eligible. Face to face learners, Pre-K, virtual, charter, and private schools.

### *6 days of meals*

#### BREAKFAST

1. Belgian Waffle
2. Egg wrap
3. Egg & Cheese Sandwich
4. Pancakes w/syrup
5. Yogurt
6. Pop Tart

#### LUNCH

1. Pizza
2. Turkey Hoagie
3. Chicken Quesidillas
4. Pasta bowls
5. Cheese Crunchers
6. Taco/Burrito

Juice cups, fresh fruit, fruit cups, bagged apples, soft pretzels, vegetables, bagged carrots, Gallons and ½ gallons of milk, will also be included with the breakfast and lunches.